

OSMO PREP

DIGESTIVE MEDICINE ASSOCIATES *** 8895 BROADWAY *** MERRILLVILLE, IN 46410

SCHEDULING DEPARTMENT: 219-736-4219 FAX: 219-736-4847 24 HOUR ANSWERING: 219-738-2081
www.gimed.com

You have been scheduled for a colonoscopy .

Please arrive on _____ a.m./p.m.
(DAY, DATE, TIME)

at _____

NOTE: You must have a driver present when you arrive for your procedure. Your driver must remain in the waiting room during your procedure. Public transportation or cabs are not allowed.

Your Medication

If you take Coumadin, Plavix, Aggrenox, Effient, Pradaxa, or any other blood thinners, **please notify our staff** if you have not received instructions regarding this medication. **Blood pressure and heart medication must** be taken the morning of the procedure.

Diabetic patients should take ½ the usual dose of insulin/diabetes medication while on this prep diet. No insulin or other diabetes medication should be taken the morning of the procedure. Please check your blood sugar the morning of the procedure and tell your nurse the reading.

NOTE: Before beginning the following steps, have your prescription for 32 OSMOPREP TABLETS filled at the pharmacy.

IMPORTANT: In addition to the prep, please drink additional clear liquids before, during and after taking the prep tablets. **STOP DRINKING LIQUIDS 3 HOURS BEFORE YOU ARE SCHEDULE TO ARRIVE for your colonoscopy or the procedure will be cancelled and rescheduled. Not even a sip!!**

DIET: **Starting the day before the procedure please do not eat any solid food after 9:00 a.m.** Start a **clear liquid** diet. Please see "Just What is a Clear Liquid" on the back of this sheet. Do **not** drink any dairy products or smoothies or anything containing artificial red dye.

- ✓✓ Starting at 6:00 p.m. on the evening before your procedure, take 4 Osmoprep tablets every 15 minutes with at least 8 ounces of any clear liquid until 20 tablets have been consumed. Remain close to toilet facilities.

✓✓ On _____ take 4 Osmoprep Tablets every 15 minutes with at
(DAY, DATE, TIME)

least 8 ounces of any clear liquid until the remaining 12 tablets have been consumed. Remain close to toilet facilities.

Splitting the dose of the prep solution provides you the best colon exam possible.

If you have access to a computer, we encourage you to visit this website: www.asge.org. Go to "Press Room", then "Patient Education Videos". You can then view a video about your procedure, "Colonoscopy". Visit www.gimed.com for information about the Digestive Medicine Associate physicians, maps, office staff, endoscopy staff, etc.

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