

FLEXIBLE SIGMOIDOSCOPY PREP

DIGESTIVE MEDICINE ASSOCIATES • 8895 BROADWAY • MERRILLVILLE, IN 46410

SCHEDULING DEPARTMENT 219-736-4219

FAX: 219-736-4847

24 Hour Answering: 219-738-2081

gimed.com

You have been scheduled for a flexible sigmoidoscopy exam on _____
Day/Date

Please arrive at

_____ at _____ a.m/p.m.
Place Time

DIET: On the day before the procedure, you may eat your regular diet.

After Supper, Do not eat any solid food. You may have **clear liquid** after supper. Please see "Just What is a Clear Liquid" on the back of this sheet. Do not drink any dairy products, smoothies or anything containing artificial red dye.

PREP AS FOLLOWS:

- One 10 oz. bottle of Citrate of Magnesia around 6:00 p.m. the evening before the test.
- 2 Fleets enemas (green box) 1-1/2 hours before leaving home.

If you receive sedation, you must have a driver present when you arrive for your procedure and you must be driven home. Public transportation or cabs are not allowed.

IN THE EVENT THAT YOU NEED TO CANCEL THIS APPOINTMENT, PLEASE CALL 48 HOURS IN ADVANCE TO 219-738-2081