

PEG 3350/Colyte Prep

DIGESTIVE MEDICINE ASSOCIATES *** 8895 BROADWAY *** MERRILLVILLE, IN 46410

TO SCHEDULE: 219-736-4219 FAX: 219-736-4847 24 HOUR ANSWERING: 219-738-2081
www.gimed.com

You have been scheduled for a colonoscopy.

Please arrive at _____
(Place)

on _____ at _____ a.m./p.m.
(Date) (Time)

NOTE: You must have a driver present when you arrive for your procedure. Your driver must remain in the waiting room during your procedure. Public transportation or cabs are not allowed.

Your Medication

If you take Coumadin, Plavix, Aggrenox, Effient, Pradaxa, or any blood thinners, **please notify our staff** if you have not received instruction regarding this medication. **Blood pressure and heart medication** should be taken the morning of the procedure.

Diabetic patients should take ½ the usual dose of insulin/diabetes medication while on this prep diet. No insulin or other diabetes medication should be taken the morning of the procedure. Please check your blood sugar the morning of the procedure and tell your nurse the reading.

Prep: PEG 3350 ELECTROLYTE SOLUTION. This must be purchased at your local pharmacy. (Rx provided)

IMPORTANT: In addition to the prep, please drink additional clear liquids before, during and after drinking the prep solution. **STOP DRINKING LIQUIDS 3 HOURS BEFORE YOU ARE SCHEDULED TO ARRIVE AT** for your colonoscopy or the procedure will be cancelled and rescheduled. **Not even a sip!!**

DIET: Starting the day before the procedure please do not eat any solid food after 9:00 a.m. Start a **clear liquid** diet. Please see "Just What is a Clear Liquid" on the back of this sheet. Do **not** drink any dairy products or smoothies or anything containing artificial red dye.

Mix the gallon of PEG solution with water and chill in the refrigerator for several hours.

✓✓ **Drink ½ of the gallon of the solution starting at 6:00 p.m. the evening before the procedure.** It may take 1 to 2 hours to finish the first half of the prep solution. Many patients find the solution is better tolerated if you drink ginger ale or 7-Up in between glasses of PEG solution. You may feel chilled during and after drinking this solution.

✓✓ **Drink the remaining ½ gallon of the PEG solution** starting at _____ a.m. /p.m. on

_____. **Not eating solid food and splitting**

Day, date, time

the dose of the prep solution provides you the best colon exam possible.

If you have access to a computer, we encourage you to visit this website: www.asge.org. Go to "Press Room", then "Patient Education Videos". You can then view a video about your procedure, "Colonoscopy".

Visit www.gimed.com for information about the Digestive Medicine Associate physicians, maps, office staff, endoscopy staff, etc.