

MAGNESIUM CITRATE

DIGESTIVE MEDICINE ASSOCIATES *** 8895 BROADWAY *** MERRILLVILLE, IN 46410

SCHEDULING DEPARTMENT: 219-736-4219 FAX: 219-736-4847 24 HOUR ANSWERING: 219-738-2081
www.gimed.com

You have been scheduled for a colonoscopy.

Please arrive on _____
am/pm.
(DAY, DATE, TIME)

at _____
(PLACE)

NOTE: You must have a driver present when you arrive for your procedure. Your driver must remain in the waiting room during your procedure. Public transportation or cabs are not allowed.

Your Medication: If you take Coumadin, Plavix, Pradaxa, Aggrenox, Effient, or any blood thinners, **please notify our staff** if you have not received instruction regarding this medication. **Blood pressure and heart medication must** be taken the morning of the procedure.

Diabetic patients should take 1/2 the usual dose of insulin/diabetes medication on the day before the procedure. No insulin or other diabetes medication should be taken the morning of the procedure. Please check your blood sugar the morning of the procedure and tell your nurse the reading.

IMPORTANT: In addition to the prep, please drink additional clear liquids before, during and after drinking the prep solution. **STOP DRINKING LIQUIDS 3 HOURS BEFORE YOU ARE SCHEDULE TO ARRIVE for your colonoscopy or the procedure will be cancelled and rescheduled. Not even a sip!!**

PREP: Four Dulcolax tablets and two 10 oz bottles of lemon-lime Magnesium Citrate. This must be purchased at your local pharmacy. No prescription is necessary.

DIET: **On the day before the procedure please do not eat solid food after 9:00 a.m.** Start a **clear liquid** diet. Please see "Just What is a Clear Liquid" on the back of this sheet. Do **not** drink any dairy products or smoothies or anything containing artificial red dye.

✓✓ **Take 2 Dulcolax tablets and one bottle of Magnesium Citrate at 6:00 p.m. on the day before the procedure.**

✓✓ Take 2 Dulcolax tablets and one bottle of Magnesium Citrate _____.
(DAY, DATE, TIME)

Not eating solid food after 9:00 a.m. the day before the procedure and splitting the dose of the prep solution provides you the best colon exam possible.

If you have access to a computer, we encourage you to visit this website: www.asge.org. Go to "Press Room", then "Patient Education Videos". You can then view a video about your procedure, "Colonoscopy". Visit www.gimed.com for information about the Digestive Medicine Associate physicians, maps, office staff, endoscopy staff, etc.

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